

HEALTH PROBLEMS

NOUNS

NOUNS

RASH: An area of red spots on a person's skin, caused by an illness or a reaction to sth.

I come out in a rash (= a rash appears on my skin.) if i eat chocolate.

The sun brought her out in (= caused.) an itchy rash.

RASH



NOUNS

BRUISE: A blue, brown or purple mark that appears on the skin after sb has fallen, been hit, etc.

Initially, a bruise will be reddish, the colour of the blood under the skin.

BRUISE



NOUNS

LUMP: A swelling under the skin, sometimes a sign of serious illness.

He was unhurt apart from a lump on his head

*All these nouns and noun phrases can be used with the verb
«**HAVE**» OR «**HAVE GOT**»*

LUMP



VERBS

VERBS

ACHE: to feel continuous pain.

My back is aching. I shouldn't have lifted all those heavy boxes.

VERBS

ITCH: to have an uncomfortable feeling on your skin that makes you want to scratch.

I itch all over.

VERBS

TREMBLE: to shake slightly.

My hands are trembling after the shock of falling down.

VERBS

SHIVER: to shake slightly, because you're cold.

I had a headache and started shivering. I know it was the flu.

VERBS

HURT: to cause physical pain to sb/yourself.

He hurt his back playing squash.

Did you hurt yourself?

My foot hurts from where i knocked it against the table.

GET OVER(V): RECOVER FROM STH.

IT'S TAKEN ME AGES(=LONG TIME) TO GET OVER THE FLU.

FIGHT OFF(V): TO RESIST AGAINST AN ILLNESS

I'M TRYING TO FIGHT OFF A COLD.

COME TO(V): BECOME CONSCIOUS

WHEN HE CAME TO, HE WAS IN HOSPITAL.

PASS OUT(V): LOSE CONSCIOUSNESS
SYN: FAINT

PEOPLE EVERYWHERE WERE PASSING OUT FROM THE HEAT.

BLOCK UP(V): STOP SOMETHING FROM MOVING THROUGH
SOMETHING ELSE.

MY NOSE IS BLOCKED UP.

LAY (LAID) UP(V): UNABLE TO WORK,ETC. BECAUSE OF AN ILLNESS OR
INJURY.

HE'S LAID UP WITH A BROKEN LEG.

DOSE UP(V): TO GIVE SB/YOURSELF MEDICINE.

YOU SHOULD DOSE UP WITH VITAMIN C TO FIGHT A COLD OFF.

LAY LOW(V): RENDER SOMEONE UNABLE TO MOVE OR LEAVE
THEIR BED.

THE FLU USUALLY LAYS PEOPLE LOW FOR FIVE TO TEN DAYS.

GRAZED SKIN



ADJECTIVES

BREATHLESS: Making it difficult for sb to breathe.

I feel breathless.

ADJECTIVES

DIZZY: Feeling as if everything is spinning around you and that you're not able to balance.

I suffer from dizzy spells. (= Short periods when I'm dizzy.)

OTHER EXPRESSIONS

PICK UP A BUG: Caught a virus or infection.

I think I've picked up a bug somewhere.

OTHER EXPRESSIONS

I lost my appetite.

I lost my voice.

He contracted (=got) HIV.

WHAT DOES THE DOCTOR PRESCRIBE?

Take a teaspoonful of medicine last thing at night.

We'll get the nurse to put a bandage on your wrist.

You'll need to have some injections before the trip.

I'm afraid you're going to need an operation.

You'll have to have your leg put in plaster until the break mends.

I'm going to give you some tablets; take one in the morning and one at night.

DIS- (*prefix*) + Adjectives, Adverbs, Nouns, and Verbs

Not, opposit of

Dishonest, Disaggrebly, Disadvantage, Disappear

DISEASE

EASE (*noun*): The state of feeling relaxed and comfortable without problems or pain.

In his retirement, he lived a life of ease.

HEALTH PROBLEMS

WITHOUT ARTICLE	WITH "A"	WITH "THE"
ASTHMA	BACKACHE	FLU
HEARTBURN	BROCKEN LEG	MEASLES
	HEADACHE	
	RASH	
	SORE THROAT	
	STOMACHACHE	
	FEVER	
	COUGH	
	COLD	